



Be Crafty.

Product Tutorial

How to Use a Dressform

You finally purchased a dressform. Congratulations! Now what? You chose one from a selection of forms that have different measurements and features. See our tutorial *How to Choose a Dressform* for more information on the differences in dressforms. Now you must adjust the dressform size to match your own measurements and start to use it. In this tutorial we will explain how the adjustment dials work and how to get the most out of your dressform.

1. SET UP YOUR DRESSFORM

Set up your form according to the instructions. Make sure the assembled stand is securely placed on the floor with legs or casters firmly in position.

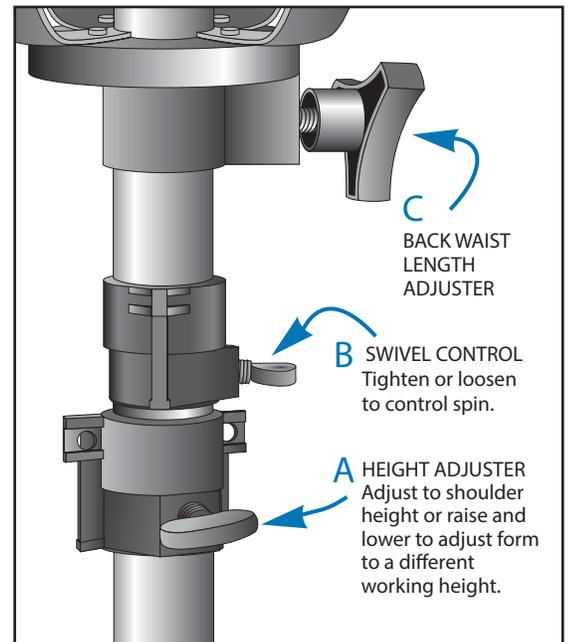
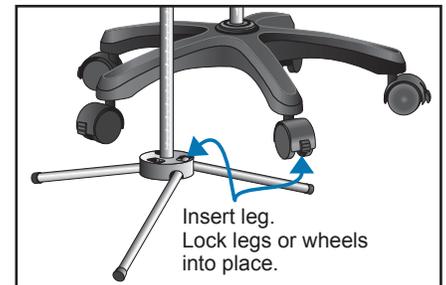
2. PLACE FORM ON STAND POLE AND ADJUST THE HEIGHT

To mount the dressform onto the stand, slide the inner body pole onto the pole attached to the stand. It will rest against the height adjuster (A). This is the wing nut assembly located on the pole attached to the stand.

To adjust the dressform height, loosen the height adjuster wing nut by turning it to the left. Raise the height adjuster and the dressform until shoulder height matches your own shoulder height. (See the measurement chart located in our tutorial, *How to Choose a Dressform*.) Tighten the wing nut to keep the dressform at the proper height.

TIP

Have a friend help you with shoulder height adjustment.



The Swivel Control (B) is the wing nut assembly located on the bottom of the inner body pole. It can remain loose so the form swivels as needed. Tighten to keep the form stationary.



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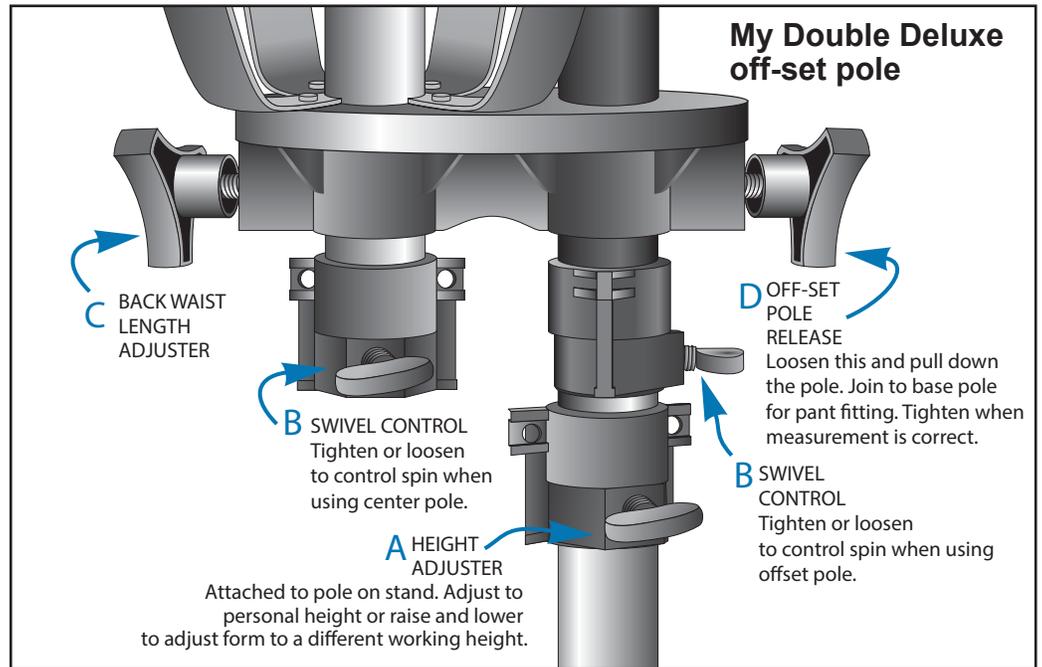
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MY DOUBLE DELUXE

The My Double Deluxe is designed with additional features. It has a second inner body pole attached to the form for pants fitting. This pole is offset so it fits inside a pant leg and also offers additional height. The metal inner body pole looks and operates like the drawing in Page 1. The off-set pole appears the same, but it is black plastic and it does not adjust the back waist length.

Instead, the top knob simply releases the pole from the form for added height. Turn the knob counterclockwise to lower it. When it is the desired length, tighten by turning it clockwise. Knobs A and D offer added height when used in conjunction. Both poles have a swivel control (B).



For all models the maximum height is about 63" at the shoulder. You must leave at least 1" of the stand pole visible above the height adjuster to attach the form. This leaves enough room to tighten the swivel control. The off-set pole option on the My Double Deluxe form will extend the maximum shoulder height to about 70".

TIP

Be sure to tighten the Swivel Control on all forms when height is extended to the maximum. This stabilizes the dressform and minimizes wobble.





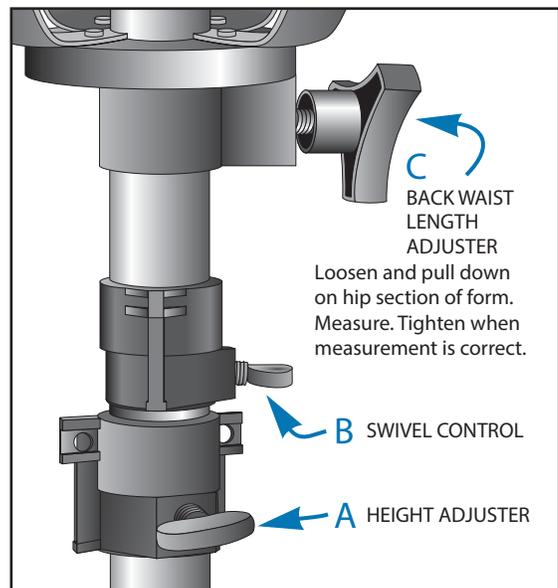
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3. ADJUST THE BACK WAIST LENGTH

The Back Waist Length Adjuster (C) is also on the pole attached to the form. To adjust: turn the knob to the left to loosen. Then, reaching outside of the form, gently pull down the hip section. Measure the back waist length and continue to adjust the hips until back waist length matches your personal measurement. Tighten the knob.





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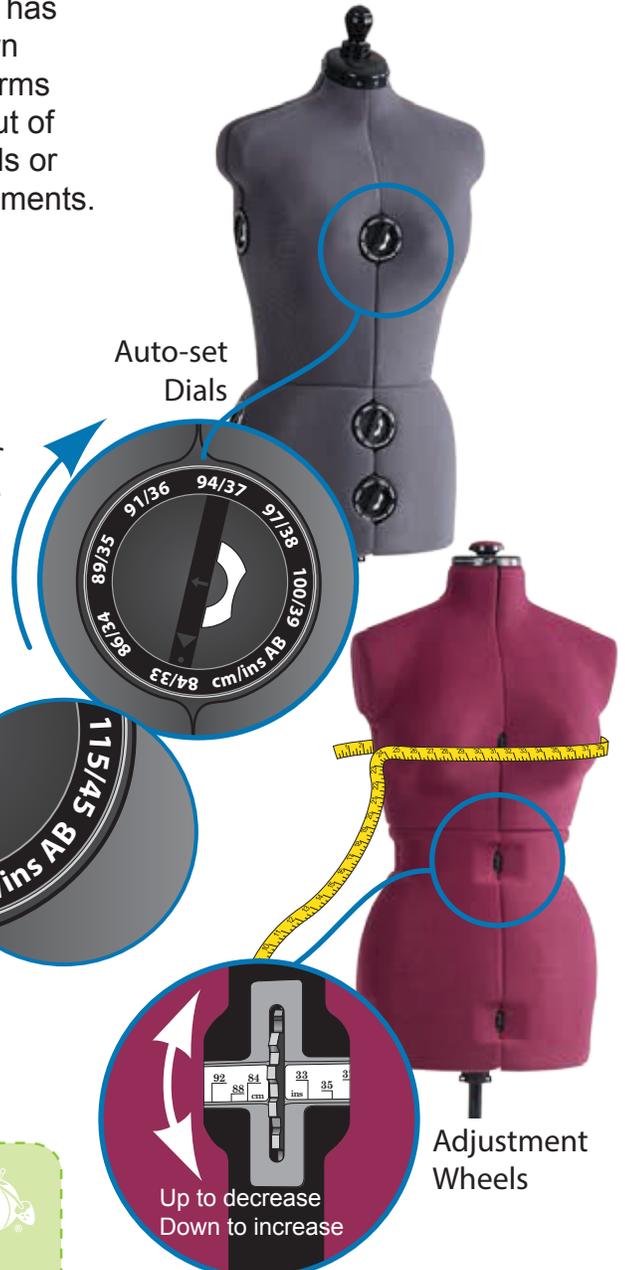
4. ADJUST THE SIZE

Follow instructions to adjust the dials. A Dritz dressform has one of two styles of adjustment dials or wheels as shown below – the auto-set dial or the adjustment wheel. All forms have 8 sections with 12 adjustment dials. Brand new, out of the box, all forms are set at their smallest size. Turn dials or wheels to move sections to match your body's measurements.

ADJUST INCREMENTALLY

Do not adjust to final measurement all at once. Always adjust incrementally around the form to avoid stressing internal parts. Let's start with the bust adjustment as an example. Adjust the center front first, turning the dial (or wheel) only a few measurements at a time; move to the side and repeat. Then repeat for the back and opposite side.

Use a tape measure to check your progress. Continue adjusting until each position is set to the required measurement. Repeat this process for the waist, hip and neck.



FYI
Dials and wheels are marked in both centimeters and inches. Auto-set dials also have the form size and dial location marked.
cm = centimeters / ins = inches
AB: The first letter (A) = Size A, B, C, or D. The second letter is location. B = Bust, W = Waist, H = Hip

FYI – very important
Auto-set dials rotate clockwise and counter clockwise. Measurements line up with arrow on dial.
Adjustment wheels turn up to decrease and down to increase size. Measurement markings line up with inner edge of form by the wheel.



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5. ADJUSTING THE NECK SIZE

The neck adjustment is slightly different on each dressform. Always measure the neck before starting, adjust incrementally and remeasure until desired size is achieved.

Twin-Fit, My Double Deluxe and Celine:

Push down on the dial located on the top of the neck, turning it clockwise to enlarge. NOTE: The optional finial fits over this dial, and operates the same way. See instructions to attach the finial.

Petite My Double and Little Miss My Double:

To enlarge, loosen the pin cushion finial by turning it counterclockwise. Pull the four sections of the neck slightly apart and measure. Repeat until desired size is achieved. Turn the pin cushion finial clockwise to secure.

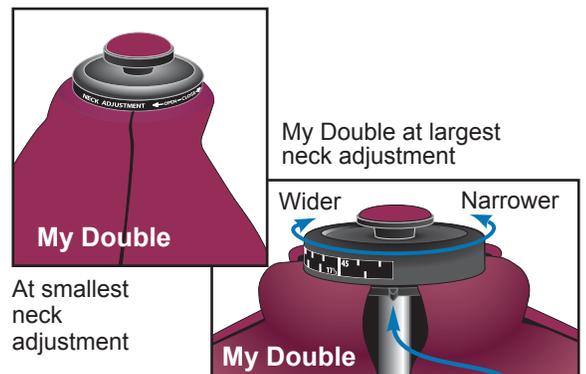
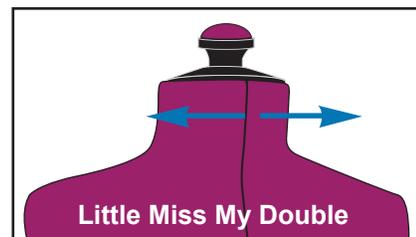
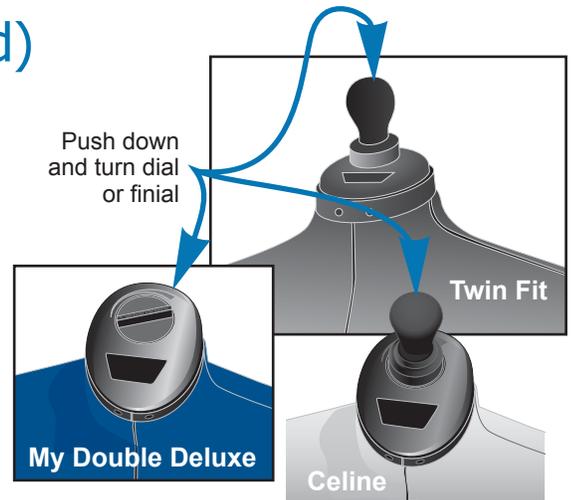
Small, Medium and Full-Figure My Double:

To enlarge, loosen the pin cushion finial by turning it counterclockwise. Turn the cap covering the neck until the desired neck measurement aligns with the small indicator notch at the front of the form. Turn the pin cushion finial clockwise to secure.

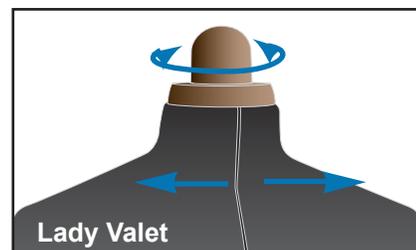
Lady Valet:

To enlarge, loosen the wooden finial at the top of the neck by turning it counterclockwise. Gently pull the four sections of the neck apart; check the measurement with a tape measure. Continue to adjust until desired size is achieved. Twist the finial clockwise to secure.

NOTE: When the neck size is expanded on any of the forms, it pushes the shoulder width out slightly. For example, if the split between left and right sections is 1/2", the shoulder moves out about 1/4" on each side. Measure your own shoulder and mark the form at the desired shoulder width.



Loosen the finial. Turn cap clockwise to indicator notch to push neck outward.



Need more adjustments? Check out our *How to Pad Your Dressform* tutorial!