## Adjustable Dress Form for Designing \& Fitting all Types of Garments



## Assembling Dress Form



Wheeled Base \& Stand
On bottom of base, push caster into end of each leg.
Rotate caster lock up to move stand; rotate down to secure.
Push bottom of pole securely into center of base to complete stand.


## Adjusting Dress Form to Body Measurements

Important Notes:

- Do not adjust wheels to final measurement all at once.
- All wheels at bust, waist and hips should be adjusted gradually around form to avoid tension that may make a wheel difficult to adjust.
- If you are unable to adjust a wheel, increase adjustments immediately above and/or below wheel releasing tension. Continue making small adjustments to all wheels until all are set to desired measurements.
- Always check the measurements with a tape measure.


Adjusting Dress Form Height \& Securing to Stand
For Shirts \& Jackets:
Using pole height adjuster, adjust the inner pole to height that matches full body length measurement; tighten adjuster.
Turn body bracket thumb screw to secure to stand and prevent rotation.


Adjusting Dress Form Height \& Securing to Stand
For Pants:
Using pole height adjuster and/or side extender pole, adjust dress form to height that matches full body length measurement.
Tighten pole height adjuster and pole bracket thumb screw.

Turn body bracket thumb screw to secure to stand and prevent rotation.

## Adjusting Bust, Waist \& Hips

There are 4 adjustment wheels at bust, waist and hips. Roll wheel down to increase size, and up to decrease. Numbers on right side are inches and left are centimeters.
Using body measurements, adjust all 4 wheels to match bust, waist and hip measurements. Adjust all wheels gradually around and between main areas of dress form.
Note: Measurements on wheels should only be used as a guide. Check size with tape measure after adjusting to make fine adjustments as necessary.


## Adjusting Neck

To enlarge neck, press down on finial and turn clockwise until it matches desired shape and neck measurement. Turn counter clockwise to decrease. Use foam on round adjustment knob as pin cushion.


## Adjusting Back Waist Length

To lengthen, turn round adjustment knob on neck cap in counter clockwise direction. Be patient as it will require repeated turns for the back waist to slowly lengthen. Continue to turn the knob until base of neck, and natural waistline match back waist length measurement.
Turn clockwise to shorten.


Using Pin Hem Marker
Slide arm of clamp until clamp is aligned with edge of fabric.
Measuring from Waist:
Pull lever down and slide hem marker up or down pole until pin slot falls at desired hem length. Move lever back up; lock into place.

## Measuring from Floor:

Numbers on bottom of pole can be used to determine hem height from floor. Pull lever down and slide hem marker up or down pole until top edge of marker matches desired height from floor; lock into place. Marking Hem:
Open clamp; place fabric between clamps and close. Holding clamp, insert straight pin through slot near top of clamp. Open clamp; rotate form and continue to mark every $2^{\prime \prime}$. Using rows of pins, turn fabric to inside to create hem.

## Taking Body Measurements

Ask a friend to help you take your body measurements. For greater accuracy, wear type of shoes and undergarments you would normally wear. Use a tape measure that does not stretch. Pull tape snugly, but not too tight, around fullest part of each body area. Record measurements below.

## Neck:

Measure around base of neck.

## Bust:

Measure straight across widest part of back, under arms and across fullest part of bust.

Note: Select shirt, jacket or coat pattern size according to bust measurement.

## Using Dress Form

The dress form has been designed to accommodate as many varied adjustment needs as possible. There will be occasions where the dress form has been adjusted as closely as possible to match body measurements but will require additional reshaping.

## Padding the Dress Form

Determine where padding is needed.
Use foam, fiberfill, batting, or shoulder pads to fill in areas on shoulder, bust, waist, hips and back that may need adjustments.

Cover padded areas with fabric.

## Waist:

Measure around natural waistline.

Hips:
Measure around fullest part (usually 7" - 9" below waist). Make a note of distance between waist and fullest part of hips.

Note: Select pants pattern size according to hip measurement.

## Back Waist Length:

Measure from prominent bone at base of neck down to natural waistline tied with a cord.

Establish base of neck on dress form by wrapping a cord around it; mark at center back with chalk or pin. This mark corresponds with prominent bone at back of neck and should be about 2" below underside of neck cap.

## Full Body Length:

At center back, measure from natural waistline to floor, then add Back Waist Length measurement.

## Filling in Section Openings

Making measurement adjustments to the dress form will create openings. Fill in gaps to allow for easier pinning and fitting of pattern and garment.

Apply double-faced tape along lengthwise edges of ribbon or tape; attach strip to fill in area.

## Covering the Dress Form

Use a t-shirt or make a cover with stretchy tricot fabric to hide any padding and alterations and create a smooth surface.


As an ongoing policy of development, we reserve the right to make product changes and improvements without notice.

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